

IMPORTANT VISITOR, FAMILY AND PATIENT NOTICES AND UPDATES REGARDING COVID-19

Dear residents and members of the Laurel Cove family,

Your health and the health of our staff is our highest priority. Due to the nature of our business, many of our residents are at higher risk for complications from Coronavirus or COVID-19. Out of an abundance of caution and concern for your health, we are providing the following update.

VISITATION RESTRICTIONS

Laurel Cove Assisted Living and Adult Family Home

Under the direction of the Governor and the Washington Department of Health the following visitor restrictions are in place at **Laurel Cove Assisted Living and Adult Family Home**:

1. Restricting all visitors, volunteers and non-essential health care personnel except for end-of-life situations.
2. We will approve visits for end-of-life situations on a case-by-case basis

How to communicate with your loved one at Laurel Cove:

Laurel Cove Assisted Living- If your loved one does not have a personal phone in their room please contact the facility at **206-364-9336** and we will help you arrange a phone call and/or virtual visit.

Laurel Cove Adult Family Home- If your loved one does not have a personal phone in their room please contact the home at **206-418-5235** and we will help you arrange a phone call and/or virtual visit.

What can you do now to protect yourself and your family?

1. **Wash hands often.**
2. **Cover coughs and sneezes with an elbow or tissue. Throw the tissue away.**
3. **Avoid close contact with people who are sick.**
4. **Clean and disinfect frequently used objects and surfaces.**
5. **Stay home when sick and avoid close contact with others.**
6. **Practice social distancing if you have to go out in public.**

Respiratory Symptoms:

1. Cough
2. Shortness of breath

3. A fever at this time is defined as a temperature of 100.4 or greater.
4. Use an accurate thermometer if you feel feverish or sick and write your temperature down.
5. If you are exhibiting any respiratory symptoms or have an ACTIVE FEVER, PLEASE – DO NOT COME INTO OUR FACILITIES FOR ANY REASON BEFORE FIRST SPEAKING WITH A STAFF MEMBER OR PROVIDER OVER THE PHONE. Thank you!

What we are doing at our locations to help prevent the spread of Coronavirus:

1. Daily screening of residents for COVID-19 symptoms or signs of fever or respiratory symptoms including temperature checks.
2. Immediately isolating residents who have any signs of COVID-19 symptoms or signs of fever or respiratory symptoms
3. Screening of all Laurel Cove staff for COVID-19 symptoms or signs of fever or respiratory symptoms prior to entry including temperature checks
4. Frequent sanitation of common areas with approved disinfectants.
5. Elimination of all group activities and communal dining.
6. Daily review and updates (if necessary) of the current standard of care protocols issued by CMS, Residential Care Services, CDC and Washington State DOH.
7. Facilitate COVID-19 testing when ordered by a patient's physician.

We, your care providers at Laurel Cove, have carefully reviewed all available literature including published articles, World Health Organization (WHO) guidelines, Centers of Disease Control (CDC) statements, and Washington Health Department Information regarding Coronavirus (COVID-19). We are committed to your wellbeing and to continuing to provide exceptional Senior Living.

Sincerely,

Laurel Cove Communities